

Grief in the Workplace Training

Tools to Care for Self and Others

Presented by Theresa Knorr, CARC RCP-F



Monday, October 5th
9am-4pm



Creative Restorations, Inc.
371 Delaware Ave.
Buffalo, NY 14202

Who Should Attend?

- ✓ Peer Support Professionals
- ✓ Clinicians and Behavioral Health Staff
- ✓ Supervisors and Organizational Leaders
- ✓ Human Service Providers
- ✓ Anyone Seeking to better understand and navigate grief in the workplace

5 hours of credits -

OASAS (CASAC/CP/CPS) and NYCB (CRPA/CARC) renewal

Grief shows up in the workplace in many forms - often unspoken, misunderstood, or unsupported. This training offers practical, compassionate tools for understanding and responding to grief - both personally and professionally.

This training is **free-of-cost** to Value Network Members and their staff.

This is funded through Value Network and NYS OASAS.

What Participants Will Learn



A clear, accessible overview of grief and its impact in professional settings



An exploration of the different types of grief, including those often overlooked



How grief can manifest in the body, heart, and mind



Practical tools for self-acceptance, emotional regulation and nervous system support



Strategies to compassionately support colleagues, clients, and communities experiencing grief

REGISTER NOW

